## The Dr. Richard E. Betor Cosmetic Dental Group

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## Post Op Instructions Following IV Sedation

- Go home and rest for the remainder of the day.
- Do not perform any strenuous activities.
- Do not attempt to eat a heavy meal immediately. If you are hungry, a light diet should adequate. Drink plenty of fluids to keep hydrated.
- A feeling of nausea may occasionally develop after sedation. Lay down until you feel better.
- Do not drive a motor vehicle or perform any hazardous tasks for the remainder of the day, even if you believe you feel fine.
- Do not consume alcoholic beverages for 48 hours following dental treatment.
- Patient may need assistance by a responsible adult while walking and using the restroom.
- Patient shall have a responsible adult stay with them and monitor them for at least 6 hours or until they recover the morning following their appointment.
- Drugs such as Tylenol, Advil, or Motrin are usually effective for mild pain and fever that may follow your surgery and anesthesia.
- If you have any unusual problems, please call the office at 440-333-3766



\* Offering cosmetic, implant, laser & general dentistry

\* Graduate of the Larry Rosenthal Institute for Aesthetic Dentistry in Manhattan

\* Candidate for Fellowship in the Academy of General Dentistry (F.A.G.D.), a distinction held by less than 2% of all dentists \* Member - American Academy of Cosmetic Dentistry, American Dental Association & American Academy of Implant Dentistry